

Minutes from the Zoom Meeting of Haughton/Thornley PPG

Date: 19 May 2020

Present: Ingrid Brindle (Chair), Dominic Sexton (Vice Chair), Cathy Lewis Dobson (Secretary) Dr Gutteridge, Dr Hannan, Deb Smith (Practice Manager), Yvonne Bennett, Kate Bradley, Eric Bynon, Olive Harper, Kath Mills

Dominic hosted the Zoom meeting and welcomed participants.

Practice matters

Dr Gutteridge informed the meeting that there were lots of worried people, but that the practice was coping with demand. Many people were reporting mental health issues. Dr Hannan said that Covid-19 is triggering worry in people who have existing mental health issues, but also in people who haven't previously had mental health issues.

Dr Gutteridge loved the new IT facilities Tameside Council have provided to support the practice. She said that there are some very good videos available.

Ingrid said the *My Care, My Way* document was very good in terms of clarifying certain issues. If a patient completed the *My Care, My Way* document, the lilac form included would confirm whether that patient wanted to be resuscitated (or not) in the event of their heart stopping. Paramedics attending the patient in this eventuality would have online access to the lilac form. Yvonne and her husband John, when first married, had written out their own wishes in this regard.

Dr Hannan informed the meeting that there's a link on the practice website giving good post recovery advice for patients after they've had Covid-19. Dr Gutteridge explained that 95% of people who've had Covid-19 do make a good recovery. She said that vitamin D can help.

Dr Gutteridge wanted to encourage patients to ring the practice if they were concerned about a non-Covid-19 related health issue and stressed that they shouldn't wait. "We are open for business."

The practice is looking for volunteers to help with the two allotments.

Dominic closed the meeting and thanked attendees. He said there would be a further meeting in a few weeks and that he'd send out some suggested dates.